

ELLA SPRING SESSION 2025

April 28 - May 16, Monday through Friday

(H = Humanities; S = Science; W = Wellness & Leisure; A = Fine Arts & Art Instruction)

Morning Session One – 9:15 to 10:15 am

COURSE #	COURSE TITLE	INSTRUCTOR
25-S204	Wonders of the Night Sky	Brian Martin
25-S207	Precision Medicine: A User Guide	David Wishart
25-H207	Finding Common Ground in Alberta	Jared Wesley
25-H208	Acquiring an Understanding of Nehiyawewin	Dorothy Thunder
25-W205	Calligraphy and Card Making for Fun!	Liza Eldred
25-W209	Qigong Fitness: Power Your Life – Energy+	Jaime Mattae
25-A201	The Russian Romantics: Music from Mussorgsky to Rachmaninov	Michael Roeder

Morning Session Two – 10:35 to 11:35 am

COURSE #	COURSE TITLE	INSTRUCTOR
25-S201	The Mechanics of Things	Tian Tang
25-S206	Insects in Managed Ecosystems: The Good, The Bad and the Beautiful	Janet Sperling
25-H201	20 th Century Canada: Why Canada in 1999 Bore No Resemblance to Canada in 1900	Alvin Finkel
25-H204	Origins of the Cold War: 1945-1962	Brent Bennett
25-H203	Democratic Government in Canada: Myths, Misinformation and Reality	Elizabeth Smythe
25-W201	Simplifying Your Life: The Sequel	Johanne Yakula
25-W203	The Art and Craft of Carving Lovespoons	Niall Capstick
25-A203	Play Time! Improvised Theatre	Joey Lucius
25-A205	Introduction to Choral Singing	Erin Craig

Double-period Morning Session – 9:15 to 11:35 am with 20-minute break 10:15 to 10:35 am

COURSE #	COURSE TITLE	INSTRUCTOR
25-A206	Acrylic Landscapes II	David Shkolny
25-A208	Oriental Brushwork	Amy Loewan

Afternoon Session One – 1:10 to 2:10 pm

COURSE #	COURSE TITLE	INSTRUCTOR
25-S205	How Human Genetics Affects You, Your Family and Society	Heather McDermid
25-S202	Forensic Anthropology: The Story in Your Bones	Alexandra Rocca
25-H202	Economics for Everyone: The Principles	Junaid Jahangir
25-H206	Comparative Constitutional Law: Canada and Beyond	Richard Mailey
25-W202	Finding Happiness	Kim Silverthorn
25-W208	The Organic Gardener's Journey: A Step-by-Step Guide to Organic Gardening Success	Aida Mustapic
25-A204	Steampunk: The Era of Steam gets a Makeover	Mike Perschon

Afternoon Session Two – 2:30 to 3:30 pm

COURSE #	COURSE TITLE	INSTRUCTOR
25-S203	Introduction to Meteorology	Ron Goodson
25-H209	Tawantinsuyu: The Inca Empire	Dr. Lidio M. Valdez
25-H205	Witches, Demons and Conspiracies: Diabolical Witchcraft in the 15 th Century	François Pageau
25-W206	Nature and Travel Photography	Chris Stambaugh
25-W207	Gentle Yoga for Strength, Calm and Well-being	Anita Sielecki
25-A202	Finding Your Memoir's AHA: The Absolute Hook Attention-Grabber	Rusti L. Leahy

Double-period Afternoon Session – 1:10 to 3:30 pm with 20-minute break 2:10 to 2:30 pm

COURSE #	COURSE TITLE	INSTRUCTOR
25-A207	Painting Animals Using Watercolour and Gouache	Frank Haddock
25-A209	Pen and Ink: Birds of the World	Susan Casault

Offsite Evening Session – M/W 6:30 - 9:00 pm Mixtale Liquor, 914 Parsons Road SW

COURSE #	COURSE TITLE	INSTRUCTOR
25-W204	Learning to Love Italian Wine	Marcia Hamm