

## ELLA On-Line Courses 2021

Whether courses are held on Family Day (Feb 15) or Easter Monday (April 5) will be at the discretion of each instructor.

### Humanities .....

<b>H1 - Home to the Third Reich, German Migration Program 1933 - 1941:</b> <i>Grant Grams</i>	11 -12 noon (15 hrs)	MTWThF	Jan 4 to Jan 22
<b>H2 - Alberta in WWI:</b> <i>Adriana Davies</i>	10:30 – 11:30 am ( 15 hrs)	MWF	Jan 18 to Feb 22
<b>H3 - Travel Planning for Post-Pandemic:</b> <i>Linda Ambrosie</i>	9:30 – 11:00am (12 hrs)	TTh	Jan 19 to Feb 11
<b>H4 - A Short History of China:</b> <i>Gordon Houlden</i>	11 – 12 noon (15 hrs)	TWTh	Jan 26 to Feb 25
<b>H5 - The Coming of WWI in Eastern Europe:</b> <i>Brent Bennett</i>	9:30 – 10:30am (15 hrs)	MTWThF	Mar 8 to Mar 26

### Sciences .....

<b>S1 - Behind the Barn Door (Condensed Version):</b> <i>Frank Robinson</i>	11 – 12 noon ( 5 hrs)	MTWThF	Jan 11 to Jan 15
<b>S2 - The New Universe:</b> <i>Doug Hube</i>	1:30 -2:30 pm ( 5 hrs)	T	Jan 12 to Feb 9
<b>S3 - Physics for Everyone:</b> <i>Reuben Gazer</i>	11 – 12 noon ( 6 hrs)	M	Jan 18 to Mar 1
<b>S4 - Simulation Technology (Condensed Version):</b> <i>Bin Zheng</i>	1:30 – 2:30 pm (10 hrs)	MTWThF	Jan 18 to Jan 29
<b>S5 - Palaeontology:</b> <i>Corwin Sullivan</i>	9 – 10 am ( 6 hrs)	F	Jan 22 to Feb 26
<b>S6 - Marvels of Mathematics:</b> <i>Len Bonifacio</i>	3 – 4 pm ( 6 hrs)	MWF	Feb 1 to Feb 12
<b>S7 - How the Earth Works:</b> <i>Brian Sawyer</i>	10 – 11 am (15 hrs)	MWF	Feb 8 to Mar 12

## Wellness and Leisure.....

- W1 - Aging Backwards with Essentrics:** *Elizabeth Olson*  
9 – 10 am MW Jan 4 to Feb 22  
(15 hrs)
- W2 - Introduction to Meditation Practices:** *Peter Trang*  
9 – 10 am MWF Jan 4 to Feb 5  
(15 hrs)
- W3 - Yoga :** *Anita Sielecki*  
10:30 – 11:30 am T Jan 5 to Apr 13  
(15 hrs)
- W4 - Sleeping Yoga for Stress, Anxiety & Insomnia** *Marthe Murphy*  
1- 2 pm W Jan 6 to Feb 3  
( 5 hrs)
- W5 - Line Dancing:** *Tracy Walters*  
4-5 pm T Jan 5 to Apr 13  
(15 hrs)
- W6 - Functional Fitness:** *Tonia Leske*  
2 – 3 pm MWF Feb 1 to Mar 8  
(14 hrs)
- W7 - Structural Yoga:** *Marthe Murphy*  
1 – 2 pm Th Feb 11 to Apr 15  
(10 hrs)
- W8 – Simplified Alternative to Photoshop for Visual Artists:** *Mohamed Hirji*  
9 – 10 am MTW Mar 1 to Mar 31  
(15 hrs)

## Fine Arts.....

- F1 - All Things Music #3:** *Rebecca Schellenberg*  
1 – 2 pm M Jan 4 to Apr 12  
(15 hrs)
- F2 - Wish You were Here: 19<sup>th</sup> Century Art Collecting and Birth of Tourism:** *Kimberly Johnson*  
2 – 3 pm W Jan 6 to Apr 14  
(15 hrs)
- F3 - Everyone Has Words: What Are You Doing with Yours?:** *Rusti Leahy*  
1 – 2 pm MWF Jan 18 to Feb 22  
(15 hrs)
- F4 - The Seedy Underbelly of the Art World:** *Johanne Yakula*  
10 – 11 am TTh Jan 19 to Feb 25  
(12 hrs)
- F5 - Frankenstein and Beyond: The Fiction of Mary Shelley:** *Jared McGeough*  
10 – 11 am MW Feb 1 to Mar 3  
(10 hrs)
- F6 - Learn to Play Again: Improv:** *Joey Lucius*  
3 – 4 pm MTWThF Mar 15 to Mar 26  
(10 hrs)

**Art Instruction .....**

- A1 - **Introductory Guide to Drawing in a Variety of Mediums:** *David Shkolny*  
10 -12 noon MTh Jan 4 to Feb 22  
(30 hrs)
- A2 - **Colourful Impressionist Landscapes Using Acrylics:** *Frank Haddock*  
1:30 – 4 pm TTh Jan 5 to Feb 11  
(30 hrs)
- A3 - **Beginner Drawing:** *Susanne Lamoureux*  
9 – 11:30 am W Jan 6 to Feb 10  
(15 hrs)
- A4 - **Fun with a Pencil:** *Gary Delaney*  
1:30 – 3 pm W Jan 6 to Apr 14  
(22.5 hrs)
- A5 - **Expressive Cityscapes in Oil or Acrylics:** *Oksana Zhelisko*  
10 -12 noon Th Jan 14 to Mar 18  
(20 hrs)
- A6 - **Sketching with Pen and Ink:** *Susanne Lamoureux*  
9 – 11:30am W Feb 17 to Mar 24  
(15 hrs)
- A7 - **Abstract Painting:** *Samantha Walrod*  
2 – 4 pm MTWThF Mar 15 to Mar 26  
(20 hrs)