

ELLA Spring Session Calendar



Courses for Adults 50+

May 3 to May 21, 2010

Edmonton Lifelong Learners Association in partnership with the University of Alberta Faculty of Extension

Life is for Learning

Take up to five courses daily for three weeks.

No exams, credits, prerequisites, homework or pressure!



*U of A Education Building
(north side of 87 Ave. between 112 St. and 114 St.)*



**Edmonton
Lifelong Learners
Association**



**UNIVERSITY OF
ALBERTA**
Faculty of Extension

Spring Session Registration

Beginning Monday, January 11, you may register by phone, mail or in person from 10:00 am to 2:00 pm any Monday, Wednesday or Friday.

Register early to get the courses you want! Registration deadline: Friday, April 23.

ELLA Office

Room 2-936B, Enterprise Square, 10230 Jasper Avenue, Edmonton, AB T5J 4P6
Phone: 780-492-5055 Email: exella@ualberta.ca Website: www.extension.ualberta.ca/ella

Registration Fee

\$220 with no Art courses, or \$245 if you are taking any Art courses (EL32, 34, 61, 62, 63 or 64). The registration form is available on the ELLA web site, or as an insert in printed course calendars. Registration covers up to 5 courses on each of the 15 days, all noon-hour speakers, and an appointment with the Writer in Residence for those who wish to meet with her.

Refund Policy

If you inform the ELLA office before April 28, 2010 that you cannot attend, you will be given a full refund of your registration fee, less a \$30 administration charge.

Art Courses

Art students purchase their own materials. ELLA will send them a supplies list. All Art students will have an opportunity to exhibit their work at the Extension Art Gallery.

Spring Session Check-In

Except where otherwise noted, courses will be held in the U of A Education Building (north side of 87 Ave. between 112 St. and 114 St.)

Beginning at 7:00 am on the first day, ELLA members will welcome you at the ELLA information table in the main-floor cafeteria.

Please arrive in time to pick up your name tag, find out where your classes are, meet some of your fellow students, and have a coffee or tea on ELLA!

For your use at the Spring Session, a **Course Timetable** and a handy **Speakers and Activities** list is available on the ELLA web site, or as an insert in printed course calendars.

Food is available throughout the Spring Session in the Education Building cafeteria. You may bring your own bag lunches or snacks if you wish, and socialize at the cafeteria tables.

Please refrain from the use of strong perfumes and other scented products.

Donations to ELLA

ELLA is a registered charitable organization run entirely by members who volunteer their time. If you would like to support ELLA in its mission to enhance the learning of adults aged 50 and above, you may wish to make a tax-deductible donation by:

- calling the ELLA office at 780-492-5055;
- downloading a donation form from the ELLA web site (see above);
- or enquiring at the ELLA information table at the 2010 Spring Session.

Early Morning Classes - 7:30 to 8:45 am



Tai Chi (EL01)

Instructor: Hiromi Takahashi

Room B64, in basement of the Education Building

The instructor will present traditional Yang style Tai Chi – slow but focused movements with softness to improve coordination and circulation; gentle exercise to tone muscles and sinews with a feeling of renewed vigour; regular breathing and relaxed concentration.

Hiromi Takahashi's special training was through the study of Tai Chi Chuan taught by Andy Wong and his teacher, the late Mak Ying Po.

'Walking Plus' for Fitness (EL02) NW corner of the Butterdome track, (87Ave./114 St.)

Instructor: Lynne Willis

The class will be divided each day. The more intensive walk will include uneven terrain, hills and stairs. The less intensive walk will be on flat/even terrain at a slower pace. Weather permitting, the walking will take place outside. Course content will include various techniques to improve posture, strength, flexibility and balance. Throughout the sessions, fitness-related material will be presented verbally and with handouts. Please wear comfortable, loose clothing and appropriate walking shoes. A warm up and gentle stretch will take place before the walk and will end with a cool-down and a whole-body stretch.

Lynne has been an AFLCA certified fitness instructor since 1988. Until her retirement in 2005, she instructed various classes over the years for the U of A Campus Recreation. The course in 2010 will be her fifteenth year leading the walking fitness class for the Spring Session.

Mid Morning Classes - 9:00 to 10:15 am

Beginner Computer – Windows/Internet/Pictures (EL11)



Instructors: Dave Ferraro, assisted by Ron Bourassa

This course requires no previous computer experience. Each student will work hands-on with a computer in the lab. The first week will be an introduction to computers using Windows. In the second week, students will use the Internet to access and send information. The third week will be an introduction to working with digital pictures, using the computer to edit and share pictures captured with digital cameras. Note: - Because class sizes for ELLA's computer courses are limited to 20, students may only take one computer course at the May 2010 Spring Session.

Dave Ferraro has designed and taught computer courses for seniors and non-seniors for the past 14 years at Elk Island Public Schools Continuing Education, and for the past 2 years at ELLA. He has a Bachelor of Applied Science Degree from the University of British Columbia.

Theatrical Story-Telling (EL12)

Instructor: Matthew Gusul

In our culture where the responsibility for story-telling has been taken over by television and Hollywood, it is important for individuals to discover their own stories and the stories of others. This helps us understand our local community. With an emphasis on laughter, playfulness and having fun, this course will focus on drawing spontaneous stories from the lives of the participants, and creating plays based upon those stories. In a fun and safe environment, the participants will learn different acting and story-telling techniques by engaging in various theatre games.

Matthew (Gus) Gusul is a theatre instructor and director with experience working with diverse communities throughout Canada, Mexico and Guatemala. He is the assistant director of the GeriActors and Friends, a local intergenerational theatre company, and has just completed his Master of Arts at the University of Alberta.

Topics in Canadian History (EL13)

Instructor: David J. Hall

This course will be an examination of selected issues and controversies in the history of Canada. Topics will include some of the following: relations between First Nations and Europeans; the Conquest, and its meaning in Canadian history; how and when Canada became an autonomous nation; the evolution of Canada's political party system; how Canada produced a welfare state; what we can learn from the study of women and childhood before 1930; how and why the prairie west developed a sense of regional grievance; how Canada has been shaped by its geography and its economy; major issues that have shaped Canada's relationship with Britain and the United States. Some major interpretations of Canadian history may also be considered. People registered in the class will be encouraged to participate in, and suggest topics for, the discussion.



David Hall is Professor Emeritus at the University of Alberta, where he taught Canadian history and an introduction to the study of history as a discipline between 1969 and 2004. Among other things, he has published a two-volume biography of Sir Clifford Sifton, and was Chair of History and Classics from 1986 to 1998. He continues to research the history of territorial Alberta (1870 - 1905).

Climate Change: Institutional Causes and Public Policy Solutions (EL17)

Instructor: David Thompson

From the Rio Earth Summit 17 years ago to Copenhagen in 2009, there has been no effective international agreement to reduce greenhouse gas emissions. Institutions such as markets, corporations, governments and political parties have not only contributed to climate change; often they have stood in the way of public policy initiatives. Why? How could institutions be reformed, so that they would contribute to solutions? This course will examine institutional causes of climate change rather than climate science, and consider a variety of public policy solutions (as opposed to specific technologies or consumer actions) that may be appropriate to address those issues. Policy initiatives such as full cost accounting, carbon pricing and conservation incentives are examples of the types of proposed solutions that we will explore. How likely are such policy instruments to be effective?

David Thompson is an independent public policy consultant and a Parkland Institute Research Associate. He has postgraduate degrees in law and economics, and has worked in government, the private sector and the not-for-profit sector.

Book Publishing in Canada (EL15)

Instructor: Glenn Rollans

This course will offer students a wide-ranging introduction to the complex and sometimes mysterious world of Canadian book publishing. In week one, we will survey: the role, organization and inner workings of book publishing in Canada; the parallel development of Canadian publishing and Canadian literature; and why and how some books get published while many others are rejected. In week two, students will put their new knowledge to work as editors. They will map out new titles - real or imagined - and how they intend to publish them, then 'pitch' them to the course instructor in a (friendly) dragon's den. Week three will focus on opportunities and issues in the future of book publishing in Canada, offering students a chance to bring their perspectives to bear on issues such as the digital revolution, copyright and users' rights, Canadian ownership and the changing role of book publishing around the world.

Glenn Rollans has extensive experience as a book publisher, including 5 years as Director of the U of A Press and 8 years as a partner at Duval House Publishing. He has also taught publishing to publishers, as Director of the Banff Centre Publishing Program and Co-Director of the Business of Publishing program at the University of Chicago.

Late Morning Classes - 10:30 to 11:45 am

Intermediate Computer - Word/Excel/PowerPoint (EL21)

Instructors: Dave Ferraro, assisted by Ron Bourassa

People taking this hands-on computer course should previously have taken the ELLA Beginner Computer course EL11, or should have experience with computers using Windows (such as starting programs and managing files). The first week will be an introduction to Microsoft Word 2003 in which students will learn how to create and change documents using character formats, picture inserts, mailing labels and other features. The second week will introduce students to Microsoft Excel 2003, where they will learn how to create and change spreadsheets used to record and calculate numbers for financial and statistical purposes. The last week will provide an introduction to Microsoft PowerPoint 2003, showing how to create, modify and present slide shows of information and pictures using a computer. Note: - Because class sizes for ELLA's computer courses are limited to 20, students may only take one computer course at the May 2010 Spring Session.

Dave Ferraro has designed and taught computer courses for seniors and non-seniors for the past 14 years at Elk Island Public Schools Continuing Education, and for the past 2 years at ELLA. He has a Bachelor of Applied Science Degree from the University of British Columbia.

Play the Other Nice Music! (EL22)

Instructor: Jeff McCune

This course will take you on a musical ride through much of the music we didn't get to in last year's course! Combining short elements of history, theory and analysis (and insights from the inside of the music business), this music survey will examine music from other cultures, some very different than our own, and see how they evolved parallel to Western European music. We'll also get into the roots of Jazz, popular music and their modern derivatives, like rock and country. We'll do lots of listening and hopefully discover music we like, and music we don't like. Expect to come away with a broader understanding of musical style, performance practice, music and the economy, and how all this relates to what we define as art or non-art.

Edmonton composer Jeff McCune's works have been performed throughout Canada, the United States, Europe and east Asia. His works encompass the worlds of symphonic music, chamber works, art-song and opera and have been performed by such organizations as the Toronto Symphony, Edmonton Symphony, Calgary Symphony and many others. He is Edmonton Opera's Artistic Administrator.

Global Environmental Issues (EL23)

Instructor: Margaret-Ann Armour

This course will explore environmental case studies from around the globe. Agricultural practices that have been in use for centuries are being affected by factors such as aggressive exploration, refugees from conflict, changing lifestyles and climate change. The very different forces affecting land use and causing deforestation in Amazonia, in the Virunga Mountains of East Africa, and in Guatemala will be illustrated. The connection to the lives of the peoples of these areas will be examined. Agricultural practices and their effect on deserts will be discussed in relation to the nomads of the Sahara, reforestation in Niger, and the Gobi desert in China. The context of the case studies will include the influence of history, geography, sociology and spirituality on productive land use.

Margaret-Ann Armour holds degrees from Edinburgh University (B.Sc., M.Sc.) and the University of Alberta (Ph.D., Chemistry) where she is Associate Dean of Science, Diversity. She co-founded WISEST, Women in Scholarship, Engineering, Science and Technology. Awards include a 3M Teaching Fellowship, the Chemical Institute of Canada's Montreal Medal and the Order of Canada.

An Irreverent History of Journalism (EL24)

Instructor: Debbie Marshall

In this course we will examine the history of journalism in Canada, from the late 19th century to today. We will explore the development of newspapers, magazines, internet news, television and radio journalism. We will also discuss the future of journalism - should we be writing the obituary of the newspaper? Where are people getting their news today? Where will we get news in the future? The course will include lectures from established journalists in various branches of the field. Video, lectures and hands-on activities will also be included. There will be no sacred cows in this course - we will be looking at all kinds of journalism - from the tabloid to the venerable institutions such as the Globe and Mail.

Debbie Marshall has worked as a freelance writer and editor for over twenty years, contributing to local and national magazines and on-line publications. She is the author of Give Your Other Vote to the Sister: A Woman's Journey into the Great War (University of Calgary Press, 2007).



World Prehistory (EL27)

Instructor: Lidio Valdez

Beginning with the process of tool making, this course will examine how humans colonized every corner of this planet, exploiting local resources and adapting to different environmental conditions, such as dry desert regions, humid tropical areas, high altitude environments and cold regions such as the Arctic. After exploring the way of life of early hunter-gatherers, we will turn our attention to the process of plant and animal domestication. The introduction of agriculture changed the way humans related to plants and animals, eventually leading to increased technological sophistication and social inequality, as well as the establishment of the earliest state societies. The course will culminate with an overview of the early civilizations of Mesopotamia, China, Egypt, Harappa, Maya, Aztec and the Inca.

Peruvian-born Lidio Valdez received a doctorate in Archaeology from the University of Calgary. Currently he teaches at the University of Alberta, MacEwan University and Lethbridge University. His research area is the Andes, with particular attention to the Inca Empire and the Nasca culture.

All Morning Art Classes - 9:00 to 11:45 a.m.

*Art students purchase their own materials. ELLA will send them a supplies list.

Watercolour Landscapes for Intermediates (EL32)

Instructor: Frances Alty-Arscott



This course emphasizes the basic skills, methods and techniques involved in landscape painting in the watercolour medium. The classes will involve both demonstration and discussion, and will provide an opportunity for much individual experimentation and discovery. It is recommended that the students have some previous drawing and painting experience.

Frances Alty-Arscott, BFA, is a well-known Alberta Artist who resides in Edmonton. Her work can be found in many private and public collections in Canada and the United States. Frances is represented in several galleries in Alberta. Her work can be seen at the Rowles and Company Gallery in Edmonton, or on her web page at www.altyarscott.net.

Beginner Oil or Acrylic Painting (EL64) Instructor: Tadeusz Warszynski

In a friendly and casual atmosphere, you will learn the basic techniques and aspects of oil and acrylic painting. You will get to know the rules of successful composition and how to describe with the paint brush the forms, light and perspective to achieve the desired look of your painting. Every day there will be hands-on demonstrations and exercises that will help you to command the basics of visual language. We will start with simple still life and progress to other subjects of your choice, like painting from photographs and art reproductions. There will be daily group discussions and individual critiques to help you resolve your images. Most of all we will keep it fun!



Tadeusz Warszynski received a Master of Music degree from Poland, and an MFA from U of A in printmaking. He is a sessional instructor of studio printmaking courses at U of A, and works in his art studio where he is printing, painting and drawing. His work has been shown locally, nationally and internationally.

Early Afternoon Classes - 1:15 to 2:30 pm

The History of Canadian Aboriginal Art (EL41) Instructor: Jane Ash Poitras, RCA

Since the 1960s, three waves of Canadian Native Artists along with Northwest Coast and Inuit artists have brought recognition to the cultural art expressions of the past. This course is an introduction to the evolution of contemporary North American Native art, with emphasis on the philosophical and cultural statements made through Native artistic expression. It will focus primarily on the work of artists selected for their individual achievements, whether as representatives of a particular genre of Native art, or because of their influence on the evolution and advancement of Native art and artists. Special attention will be placed on living Canadian Native artists, examining the changing ways in which art is an expression and reflection of evolving Native cultures, as well as the changing perceptions of Native art and its progressive acceptance within the mainstream art community. Students will be encouraged to access the wealth of information available on the internet.

Jane Ash Poitras, RCA is an internationally acclaimed visual artist whose work has been showcased in numerous solo and group exhibitions around the world. Her work can be found in many prestigious public, private and commercial collections. A sessional lecturer at the University of Alberta, she is much in demand as a guest lecturer across North America and internationally.

The Problem of Human Happiness (EL42)

Instructor: David Wangler

This course will consider many different definitions of and approaches to human happiness. These will range from the ancient Greeks and the Buddha to the contemporary world. Varying perspectives will be presented and discussed, with a strong emphasis on the idea that we often create or cause our own unhappiness by our misunderstanding of what happiness is. The following thinkers will be analyzed, debated and discussed: Plato, Aristotle, the Buddha, St. Augustine, Rousseau, J.S.Mill, Freud, Frankl, Prager and Jonathan Haidt.

David Wangler retired from the University of Alberta where he taught education philosophy and history in the Faculty of Education for 35 years.

Women in the Classical World (EL43) **Instructor: Margaret Drummond**

A look at the status - and perception - of women in societies ranging from Homeric Greece to Imperial Rome. We will explore how women were depicted in art and literature, and what status they had or could obtain. We will use artistic and literary evidence.

Margaret Drummond is a sessional lecturer at U of A and Grant MacEwan. She earned her PhD after raising seven children.

Cardio Salsa Dance Exercise (EL44)

Instructor: Maria Yakula

Fun and fitness with a Latin flair! Join us each day for a moderate dance workout done to Latin rhythms such as Salsa, Merengue, Cha-Cha, Rhumba and Samba. In dance form, we explore the history of Latin dance and move into choreography. You don't need a partner, and no dance experience is required. It's a great stress reducer and energizer! For people who might like to take Latin dance with a partner in the future, this is an excellent way to become familiar with the basic steps.

Maximum class size: 40

A former public school teacher, Maria Yakula now instructs dance exercise classes and partner salsa dance.

Information Technologies Demystified (EL45) **Instructor: Michael Gravel**

This is not a hands-on computer course in which students will be taught the details of how to use a computer or explore the internet. Rather, it is intended to explain and demonstrate the wide range of things that can be accomplished with modern-day, computer-based technologies - the kinds of things that may help us relate to a grandson/daughter! Topics to be discussed will include:



- computer basics, hardware, software, email;
- fun with digital cameras, sharing photos;
- how the internet works, surfing, web site design;
- Facebook, YouTube, Twitter, Skype;
- Googling, blogging, Wikipedia, MapQuest;
- security - spamming, scamming and phishing;
- iPods, BlackBerries and electronic book readers;
- on-line news, shopping, banking, dating and libraries;
- sites for art appreciation, writers, publishing and seniors;
- choosing a computer.

To the extent possible, emphasis will be placed on topics that are of most interest to the students.

Michael Gravel is a writer and website builder based in Edmonton. He's the frontman of The Raving Poets, E-Town's longest-running open-mic poetry series. He's the author of StreetRag: An Urban Notebook and The Fast Places, published in 2008 by Red Nettle Press. He is a skilled public speaker and is passionate about writing and communication.

Mid Afternoon Classes - 2:45 to 4:00 pm

Literature and Music Through Time (EL51)

Instructor: Piotr Grella-Możejko

From antiquity to the present, the course analyzes and compares major works of world literature in which musical references are found - and vice versa. Reflecting the depth and diversity of various civilizations, the students will concentrate on studying the phenomena of music in literature, and literature in music. The course is designed to cultivate students' appreciation for serious literary and musical works within a global, comparative context and to encourage their love of reading and listening, trying to find connections between the arts. As well, the course will enrich students' awareness of the literary and musical traditions of other cultures, enhancing the ethos of multiculturalism and interdisciplinarity.

Piotr Grella-Możejko holds a Ph.D. in Comparative Literature, an M.Mus. from the University of Alberta and an M.A. in Journalism from the University of Silesia, Poland. He has written extensively on the relationships between literature and music, his scholarly texts being published in Canada, Europe and the UK. His compositions have been presented in twenty-five countries.

Global Food Challenges (EL52)

Instructors: Robert Aitken and Kevin Wipf

If there are going to be 2 billion more people on the planet by 2040, how will they all be fed? This course will examine current social, economic and environmental issues concerning agriculture and food in both developed and developing countries. It will examine agricultural production and the relationships surrounding food in the context of the global capitalist political economic system. Topics to be explored will include genetically modified organisms, biofuels, global warming, farm subsidies, global population growth, hunger, obesity, intensive livestock production, environmental degradation, and the impact of increasing oil and transportation costs on world trade in food.

Rob Aitken is Assistant Professor of Political Science at the University of Alberta. His research interests include international political economy, cultural studies, and the social studies of finance and governmentality.

Kevin Wipf is a PhD Candidate of Political Science at the University of Alberta. His research interests include the politics of agriculture, food and the environment.

Under Cover: Reading Canadian Writing (EL53)

Instructor: Eunice Scarfe

Through the close reading of choice excerpts from Canadian literature (novels, memoirs, poems, short stories, creative non-fiction, essays, young adult texts), we will explore the place and people of Canada, as well as the act and art of our country's written record. We will read passages from coast to coast, from north to south and from then to now. You will be introduced to numerous strategies used by our writers to make their texts 'glorious and free'.



*Eunice Scarfe is an award-winning writer with grants from the Canada Council and the Alberta Foundation for the Literary Arts. She earned her graduate English degrees at the U. of Chicago and the U. of Alberta. The first of many texts she read after landing in Canada in 1971 was *Barometer Rising*. She looks forward to introducing excerpts of her favorite Canadian texts to ELLA students.*

Introductory Hatha Yoga (EL54)

Instructor: Judy Murphy



Through increased body awareness, we will explore ways that breathing and movement can be relaxing and restore your sense of well-being. Classes will include exercises that gently free the joints to prepare for the yoga poses. You will be encouraged to move within your own capacity in a way that respects your own body. A time for guided relaxation will close each session. This class is open to people who are new to yoga, as well as seasoned practitioners - all are welcome! Please bring a yoga mat if you have one. Other props will be provided. Maximum enrollment for this class: 20

With an M.Ed in adult education and Yoga Association of Alberta teacher certification, Judy Murphy enjoys sharing her passion for yoga and learning. She has been practicing yoga for 15 years, and teaching it for six. As co-coordinator of the Windsound Learning Society, she recently published a book entitled 'Move the Body Stretch the Mind'.

The Real Forensic Anthropology (EL55)

Instructor: Corinne Marceau

This course will attempt to dispel some of the misconceptions and unrealistic expectations that popular culture and the media have propagated about forensic science in recent years. Using the University's extensive osteology collection, students will work hands-on with human skeletal remains in a lab setting to learn basic osteology and how to determine sex, age, pathological conditions and unique identifying characteristics. Practical applications to determine time-since-death and cause of death will be examined, and the principles of forensic anthropology will be discussed in the context of real-world forensic case studies. In order to participate fully in this class, students will be expected to get themselves to the osteology lab in the Tory Building on Saskatchewan Drive (approx. a ten minute walk) for at least 4 of the classes. Maximum class size: 25
The lab is wheelchair-accessible.

Corinne Marceau attained her MA in Anthropology at the U of A in 2007, specializing in Forensic Anthropology. She has taught labs for 'Human Osteology' and 'Introduction to Physical Anthropology' and has been an active participant in the University's Community Outreach program. She has completed an internship at the Medical Examiner's office and consulted on several forensic cases.

All Afternoon Art Classes - 1:15 to 4:00 p.m.

***Art students purchase their own materials. ELLA will send them a supplies list.**

Drawing Basics (EL61) Instructor: Frank Haddock

Take this course and you will amaze yourself and your friends with what you achieve. Learn to develop that special hand-eye coordination that allows artists to draw practically anything. This course will provide you with plenty of demonstrations and exercises to aid you in understanding the methods and materials used to make realistic drawings. You will be shown how to perceive and translate visual elements onto paper to achieve realism in your drawings, and how to establish proportion and perspective. Designed for beginners, this course will also be of interest to people with limited drawing experience who wish to perfect their technique.

Frank Haddock has been creating and exhibiting his art for most of his life. He easily works in all mediums from watercolour to oil. He received his BFA at the U of A and has been teaching for more than 28 years. He teaches at Grant MacEwan College and several other cultural centres in Alberta and Saskatchewan. Currently he directs his own art school.

Everyday Drawing for Intermediates (EL62) Instructor: Harold Pearse



Intended for students who have some previous drawing experience, this course approaches drawing as an everyday activity. It reviews basic representational drawing approaches such as contour and gesture drawing, and various rendering techniques useful in delineating tonal value, form, mass and volume, and in expressing movement and emotion. A range of mark-making materials will be used to document, record and interpret the world around us, including the natural and built environment as well as objects, people and animals. A central focus will be the sketchbook or daily drawing visual journal. In other words, we will draw everyday things every day.

Dr. Pearse was a Professor of Art Education at the Nova Scotia College of Art and Design from 1971 to 2001. Currently an Adjunct Professor with the U of A Faculty of Extension, he is a practicing artist with numerous solo and group exhibitions, commissions for art in public buildings, and paintings, drawings, prints, photomontages and mixed-media work in public and private collections.

Watercolour for Beginners (EL63) Instructor: Willie Wong

This course is intended for beginners and people with a little painting experience. It will start with basic information and simple exercises showing how to use the materials properly. We will do negative painting, working with a nature theme - from a forest floor, to still life with a glass vase, to a dog and cat portrait.

Willie was trained as an oriental painter in Malaysia, Singapore and Hong Kong. He has been teaching for the last 25 years around Edmonton. Currently he is teaching for the Devonian Garden and at the Kamena Gallery. He works as the artist in residence in schools, and conducts numerous workshops.

Intermediate Oil and Acrylic Painting (EL34)

Instructor: Izabella Orzelski- Konikowski

Find the painter in you, through the medium of oil or acrylics. The subject matter (landscape, portrait, floral, still life, etc.) and applied style will be of the student's choice. Each class will consist of a combination of short lecture, demonstrations and hands-on practice. Each student will receive individual instructions in developing and finishing his/her own project.

Izabella Orzelski-Konikowski received her Master of Fine Arts Degree from the New York Academy of Art. She is a recipient of numerous awards and grants, including a Winspear Fund Grant in Edmonton and a Dahesh Museum Award in New York. She is well known for her official portraits of such personalities as Lois Hole, Harriet Winspear and Dr. Grant MacEwan.

One-on-One Appointments

Writer in Residence (EL71) Shirley A. Serviss

Each year, ELLA hires an established writer to mentor other writers one-on-one. As well as providing feedback on your writing, our Writer in Residence offers information on courses, resources, grants, reading opportunities, self-publishing, writing groups and potential markets for your work. Or you can meet with her to discuss any writing-related concerns or questions you may have. The Writer in Residence will be available throughout the three weeks of ELLA. Appointments to meet with her must be booked at the ELLA information table in the Education Building cafeteria. If you would like to discuss a sample of your written work, please limit your manuscript to five typed pages and drop it off at the desk at least two class-days prior to your appointment.

Shirley A. Serviss writes poetry and non-fiction, teaches creative writing and works part-time as a literary Artist on the Wards for the Friends of the University of Alberta Hospital. She has published three collections of poetry and is currently working on a memoir. Shirley served as Writer in Residence for the Canadian Authors Association in 2008-2009.

We hope you will plan on attending . . .

Welcome to Spring Session 2010!

Performances by the GeriActors and Friends, an intergenerational theatre troupe. Beginning at 12:10 pm Mon. May 3 in room 2N-115, Education North.

Twelve Noon-Hour Speakers

12:00 noon to 1:00 pm in Room 129, Education South.
See the 'Speakers and Activities' list for the dates.

The ELLA Candidates' Forum

Hear from people who will be running for the ELLA Board at next week's General Meeting.

Starts at noon on Wed. May 12 in room 129, Education South.
Nominations to be submitted by Tues. May 11.

The ELLA Annual General Meeting

Your chance to participate in the running of ELLA.
12:15 pm Wed. May 19 in room 2N-115, Education North.

The AGM luncheon

Begins 11:45 am outside room 2N-115 before the Annual General Meeting.
Tickets \$12 at the ELLA information table.

The Wind-up Wine and Cheese Party

4:30 pm Thurs. May 20 at the U of A Faculty Club.
Tickets \$15 at the ELLA information table.

Unmatched, Mixed and Unframed:

An Exhibition of ELLA Student Artwork

From 7:00 am to 9:00 pm, May 21 to June 3, 2010
in the main-floor Extension Art Gallery, Enterprise Square, 10230 Jasper Avenue.
Opening Reception: 6:00 to 8:00 pm, Friday, May 21.



Did you know . . .

that ELLA is a registered charitable organization run entirely by members who volunteer their time?

If you would like to support ELLA in its mission to enhance the learning of adults 50+, you may wish to volunteer or make a tax-deductible donation to ELLA by:

calling the ELLA office at 780-492-5055;
or downloading a donation form from
www.extension.ualberta.ca/ella;
or enquiring at the ELLA information table during the 2010 Spring Session.